



2025 - 2026 UNITED SCORING SYSTEM - LEVEL 2

STUNTS

INVERSION STYLE	RELEASE STYLE	TWISTING	COMBINATION/OTHER SKILLS	DISMOUNT
LEVEL SKILLS				
• Inversion from ground level to below prep level • Inversion from ground level to prep level	• Tic toc at prep level (lib to lib)	• 1/2 twisting transition to below prep level • 1/2 twisting transition to prep level • 1/4 twisting transition to prep level 1 leg stunt • 1/4 twisting transition to extended stunt	• Prep level 1 leg stunt • Extension • Barrel Roll • Leap frog variations • Walk in prep level press extension • 1/2 twisting transition to prone	• Straight cradle from prep level body position
ADVANCED SKILLS				
• Inversion from ground level to prep stunt • Inversion from ground level to prep level 1 leg stunt	• Tic toc at prep level (lib to body position) • Release style from ground level (switch up) to prep level lib • Release style from waist level to prep level lib	• 1/2 twisting transition at prep level to prep level body position • 1/2 twisting transition to prep level 1 leg stunt	• 1/2 twisting tic toc to prep level 1 leg stunt • 1/2 twisting inversion from ground level to prep level 1 leg stunt • 1/2 twisting transition from extension to cradle position	• Straight cradle from extension
ELITE SKILLS				
• Inversion from ground level to extension • Inversion from ground level to prep level body position	• Tic toc at prep level (body position to body position) • Release style from ground level (switch up) to prep level body position • Release style from waist level to prep level body position	• 1/2 twisting transition to extension • 1/2 twisting transition to prep level body position	• 1/2 twisting inversion from ground level to extension • 1/2 twisting inversion from ground level to prep level body position • 1/2 twisting tic toc at prep level 1 leg stunt to body position	• 1/4 twisting dismount from prep stunt or extension to cradle

TOSSES

NON - TWISTING	TWISTING
• Straight ride toss	

STANDING TUMBLING

LEVEL SKILLS	ADVANCED SKILLS	ELITE SKILLS
• BACK HANDSPRING (BHS) • BHS STEP OUT	• BACK WALKOVER (BWO) - BHS • BWO - BHS STEP OUT • BHS STEP OUT - BWO • VALDEZ - BWO - BHS	• BWO - BHS STEP OUT - BWO • BWO SWITCH LEG - BHS • BHS STEP OUT - BWO - BHS • VALDEZ - BHS / BHS STEP OUT • BACK EXTENSION ROLL - BHS / BHS STEP OUT

RUNNING TUMBLING

LEVEL SKILLS	ADVANCED SKILLS	ELITE SKILLS
• CARTWHEEL (CW) - BHS • ROUND OFF (RO) - BHS	• RO - BHS STEP OUT • CW - BHS STEP OUT • FRONT HANDSPRING (FHS) • FRONT WALKOVER (FWO) - FHS	• FHS SERIES • BOUNDER / FLYSPRING • CW - BHS SERIES • RO - BHS SERIES • FWO - RO - BHS / BHS SERIES • CW - BHS STEP OUT - BWO - BHS / BHS SERIES